

### Patient Newsletter

Issue 40

Autumn 2024

#### Flu Clinics 2024

# Get your flu water the first the first the first term of t

If you are aged 65 or over appointments for the flu vaccination can now be booked online using Patient Access or the NHS App/ NHS account. If you are in one of the At Risk groups we will contact you with a link to book.

If you are unable to use online services and are eligible for the vaccination please contact reception on 01829 732401 - option 1 to arrange your appointment.

For further information on flu and the vaccination please visit: <u>https://www.nhs.uk/vaccinations/flu-vaccine/</u>

Flu vaccination is safe and effective. It's offered every year through the NHS to help protect people at risk of getting seriously ill from flu.

Make sure you are protected for the winter and book your appointment.

Help us help you, stay well this winter





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#### Now seeing patients at Kelsall!

We are now able to see our patients at Kelsall Medical Centre!

Monday - 9.00-11.00 am Dr Callely Tuesday - 9.00-11.00 am Dr Argent-Belcher & 8.00-11.30am Nurse Lester Wednesday - 9.00-11.00 am Dr Cheong Thursday - 9.00-11.00 am Dr Dancy Friday - 9.00-11.00 am Dr Adey & 9.00-11.30am Nurse Gallagher

To make, re-arrange or cancel an appointment at Kelsall please contact our reception team at Tarporley on 01829 732401 - option 1. Please do not contact Kelsall Medical Centre as they have no access to our appointments system. At this time not all services will be available at Kelsall for our patients eg immunisations, but we hope to increase the range of services over time.

A big thank you to our PPG for their help in assisting patients arriving at Kelsall.

Kelsall Medical Centre - 7 Green Hill Road Kelsall CW6 0SN.





## Staff News

We are delighted to welcome to our team Beth Hughes who is our new Clinical Pharmacist. Many of you will know Beth from Rowlands Pharmacy in Tarporley. Beth graduated from Nottingham University in 2005, and completed pre-registration training at Nottingham City Hospital qualifying as a Pharmacist in 2006. She has over 18 years experience in community pharmacy, managing the pharmacy in Tarporley for the last 11 years. She joins our Medicines Management team and will support with advice for patients and other medicine related work , including patient and medication reviews.

Another member of our Medicines Management team is Sarah Jones who is our Pharmacy Technician. Sarah has many years experience working within community pharmacy and has joined the practice to support our Clinical Pharmacist and the practice team as a whole. She will help to provide advice and information to the practice and patients to support the improvement of prescribing safety, quality, cost-effectiveness and the appropriate use of medicines to get the best outcomes for patients. She is registered with the General Pharmaceutical Council of Great Britain, and has been qualified and practicing since April 2022.

We also welcomed to our team this year our new receptionist Dawn and our new secretary Paula who has taken over from Lindy.

Our new GP Registrars have started and we are lucky to have 3 this time - Dr Poltorak, Dr Balogun and Dr Griffiths who is returning from maternity leave.

# **Completed building works**

Our building works at Tarporley are now complete. We are very pleased with the new open plan waiting room, which feels much brighter with a new check-in window.



There are also 3 new consulting rooms, a new staff area and meeting room. We hope the noise and disruption was kept to a minimum for our patients.



# NHS App / Account

To have a NHS account you must be aged 13 or over and registered with an NHS GP Surgery in England. To set up your NHS account for the first time, you will need to set up an NHS login. Further information is available here - <u>https://help.login.nhs.uk/setupnhslogin/</u>

Once you have set up your NHS login, you can log in to your NHS account or download the NHS App onto your phone/tablet (available on IOS and Android).

You can use your NHS account to:

- order repeat prescriptions
- view your test results
- see parts of your health record
- check or cancel appointments
- see your vaccination record

From 01.07.24 any text messages we send you will automatically deliver to the NHS App! **You must** have the App notifications switched on in order to receive App messages.



**New website!** 



Our new website address is https://drsadeydancy.nhs.uk

Please take a minute to have a look and familiarise yourself with the layout and content. We have added 3 new pieces of information:

1. Private referrals, tests and medications - <u>https://drsadeydancy.nhs.uk/private-referrals-tests-and-medications</u> - to prevent any misunderstanding we would like to take this opportunity to explain how the NHS and General Practice work alongside private providers of care. Please note that patients should bear the full costs of any private services. NHS resources should never be used to subsidise the use of private care.

2. How to prepare for a hospital appointment - <u>https://drsadeydancy.nhs.uk/how-to-prepare-for-a-hospital-appointment</u> - useful information and tips on how to prepare and questions to be asked.

3. Practice policy on prescribing Diazepam - <u>https://drsadeydancy.nhs.uk/practice-policy-on-prescribing-diazepam</u>



# Kelsall Wellbeing Hub

If you haven't already please take a look at the Kelsall Wellbeing Hub website:

https://www.kelsallwellbeinghub.org.uk/

There is a timetable on their home page of the activities they have coming up. They have something for everyone no matter your age. There is also a café providing a welcoming space for people to drop in.



## **Car Park Issues**



Please can we remind all patients to park responsibly in the car park and surrounding area. It is important that cars are not blocked in but more importantly that there is enough room that, in the event of an emergency where an ambulance is called, that the ambulance can enter and exit the car park without cars having to be moved.

Please do not park in the car park if you are dropping off or collecting from the primary school or shopping in the village. Please do not park in or block the small staff car park area.



#### **Health Visitor Open Advice Clinic**

The Health Visitors have an open advice clinic at Tarporley War Memorial Hospital on the 2nd and 4th Thursday of the month - drop in between 9.30-11.30 am, no appointment necessary.

For further information please ring Frodsham Children's Centre on 01606 555287 https://www.startingwell.org.uk/

